



Dear Guests and La Foret Family,

There is no higher priority to our La Foret staff than the physical safety of the visitors and guests in our camps and retreats. To address the COVID-19 situation with the appropriate level of caution, especially as it relates to retreats and camps, we are utilizing resources from the Centers for Disease Control (CDC), the World Health Organization (WHO), the American Camp Association (ACA), along with the El Paso County Health Department.

We want you to feel confident that you will be safe in every way at La Foret. As a result, we have enhanced some of our cleaning procedures and health and safety measures. While onsite, we will be encouraging our normal policy of washing hands upon entering the dining hall for all meals. Hands must be washed before sitting down at a table. Directors and counselors will be instructed to put a stronger emphasis on camper's hand washing at other times during the day as well, such as every time they enter their cabins. Our housekeeping and food service staff will be increasing the normal sanitizing of mattresses, bathrooms and all surfaces of regular hand/skin contact in cabins and common spaces. Currently, guests will be required to wear a face covering and practice social distancing at a minimum of 6' in between while on site. Guests will also be encouraged to cough and sneeze into their arms.

It is also always our policy that if a guest has had a fever within the last 36 hours, or vomiting/diarrhea in the last 48 hours, they are not permitted to visit La Foret. In an abundance of caution, we are asking that anyone with any symptoms please stay home. Guests feeling or exhibiting any signs of illness while at La Foret should let a La Foret staff person know so they can be quarantined or head home immediately to self-quarantine.

Rest assured, we are monitoring this continuously developing situation closely, and following expert advice. We will continue to react with appropriate caution, rather than fear. Please feel free to contact Brad Carroll at La Foret with any further questions: 719-495-2743 or [brad@laforet.org](mailto:brad@laforet.org)

We look forward to seeing you in the forest,  
*Brad Carroll, Assistant Executive Director*  
*Melanie Brim, Guest Services Director*